**Think Pair Share : Injuries in Soccer (15 min)**

**Summary:**Injuries frequently occur in all sports including soccer. We want to identify a few common injuries and how materials play a role in their treatment and prevention.

ILOs:

1. Identify Injuries that may occur from soccer.
2. Identify how injuries are treated.

**Equipment list:**

None required

**Intro:**

Has anyone played soccer? Have they ever been injured? How were those injuries treated? We want to think about injuries that may occur during sports, and specifically soccer. Then we want to think about how materials are used to treat and rehabilitate injuries.

**Procedure:**

1. Have students think about injuries they’ve seen in soccer, experienced, or might occur and how they were treated.
2. Have students share and discuss in groups.
3. Have a discussion with the entire class on injuries and their treatments. Did students identify where and how materials were used for treatment?

**Discussion questions/debrief:**

How are these injuries treated?

Which treatments for injuries use materials? Which materials are used? Do they need to have certain properties

**Lab handout needed?**

No